

**If your organization is interested
in helping sponsor this great
event please contact**

**Melissa Zeiger at:
419-625-5269**

or

mzeiger@steinhospice.org

Date: July 3, 2010

Time: Registration 7:00—7:45 am

Race Start 8:00 am

Please note Time Change

Register by June 15, 2010 to be guaranteed a T-shirt.

Place: Battery Park

Downtown course, Start and Finish at Battery
Park, Corner of Water and Meigs Streets in
Sandusky, Ohio.

For more information about this and other
programs visit our website at
www.steinhospice.org or call 419-625-5269

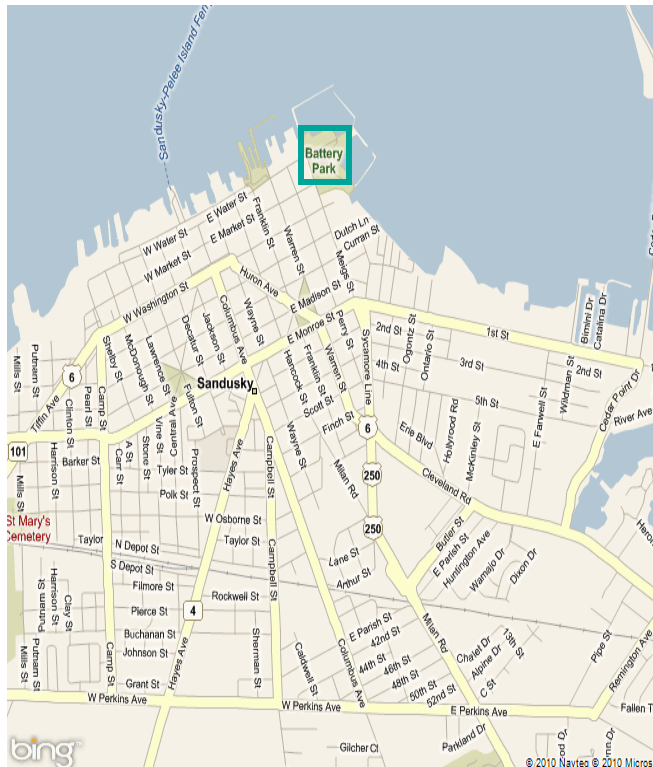


***Our mission is to provide comfort,
compassion, and support during life's
final journey.***

Special invitation to Runner and Walkers
Family and Friends are invited to the Sandusky
Sailing Club festivities on Friday, July 2, 2010, from
6 to 9pm. The club located at 742 E Water Street,
Sandusky. Your \$25.00 will include Friday Night,
Run/Walk Race entry and post race activities.

Regatta Run 5K Course

Start Battery Park
West on Water Street
Right on Shoreline and continue west
Left on Jackson Street
Left on Water Street
Right on Meigs Street
Right on Market Street
Right on Shelby Street
Right on Water Street
Finish at Battery Park



Regatta Run



**Saturday
July 3, 2010
Downtown Course
Sandusky, Ohio**

**All Proceeds Benefiting
Stein Hospice
Children's Bereavement Programs**

Stein Hospice Regatta Run

Date

Saturday, July 3, 2010

Time: Notice Time Change

Registration begins at 7:00—7:45 am

Race Start 8:00 am

Place: Location Change Battery Park

Downtown course, Start and Finish at Battery Park, Corner of Water and Meigs Street in Sandusky, Ohio.

Edible Treats

Bagels and fruit will be provided after race at the Sandusky Sailing club

About the Regatta 5K Run

This 4th annual Stein Hospice event will benefit the Children's Bereavement Programs but more specifically, Camp GOOD Grief 2010.

Trophies / Prizes Awarded To:

Top Overall Male & Female Running Participants
Top Overall Male & Female Walking Participants
Age group awards (13 and under, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69 and 70+)

Runners / Walkers Receive:

- T-Shirt available for pick-up on race day for participants registered by June 15th. A limited number of extra t-shirts will be available while supplies last.
- Great Goodie Bags

Additional Apparel will be available for Sale after Race at the Sandusky Sailing Club

The Stein Hospice Children's Bereavement Program

Grief is a universal emotion, one that can overwhelm children as well as adults. When a child loses a loved one, there are many feelings that may need to be processed – feelings of sorrow, loneliness, and even anger. To help youth understand and work through their grief, Stein Hospice offers support groups that are developmentally appropriate and have a specialty focus on children who have loved ones in the military; children and adolescents who have been separated from their parent(s) permanently or temporarily through separation, divorce, or parental incarceration; and children and adolescents who have lost a loved one through death. These groups are educational and supportive, teaching children healthy ways to cope with the feelings and emotions associated with these life transitions.

All of our youth groups coincide with the academic calendar, which gives us the opportunity to host Camp Good Grief, a week long day camp for children ages 5 – 13, who have experienced any type of loss. This year, we have expanded our "Camp Good Grief" offering to include three locations within our service area, Erie / Huron and Ottawa / Sandusky / Seneca counties.

In addition to the support groups and Camp Good Grief, Stein Hospice also offers assessments, individual grief counseling, family grief counseling, school crisis response, crisis intervention related to grief issues, critical incident stress debriefing, community outreach and education, memorial services and holiday programming.

All of these bereavement services are free of charge to anyone in the community and prior affiliation with Stein Hospice is not a prerequisite. The funds raised from this event will help defer the costs associated with providing these bereavement services, while we press forward in our commitment to care for the growing number of children in our community who are touched by loss.

Dates and Location of Camps

June 7th-11th at Hedges Boyer Park in Tiffin, 10am-2pm

June 21st-25th at Osborn Park in Huron, 10am-2pm

July 12th-16th at Lakeview Park in Port Clinton, 10am-2pm

5K Run Registration

\$15 registration fee, \$20 day of the race, \$25 Friday Night Festivities
Send form and payment to:

Stein Hospice
1200 Sycamore Line
Sandusky, Ohio 44870
Checks payable to Stein Hospice
Memo: Children's Bereavement Programs

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ E-Mail _____

Age _____ Gender _____

Run Walk Friday Night Dinner

Matching Gift (company) _____

T-Shirt S _____ M _____ L _____ XL _____ XXL _____

Register by June 15, 2010, to be guaranteed a T-shirt. A limited number of T-shirts will be available while supplies last.

I cannot participate in the Run, but would like to support Stein Hospice Children's Bereavement Programs: \$ _____

I'm participating in honor / memory of _____

Waiver: In signing this waiver for myself or for the entrant (when under age 18) I understand the intent of this release and agree to absolve all of the sponsors, organizers, and associated entities, be they individuals or organizations, singly and collectively, of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in the Regatta 5k Run or in any connection with an activity associated with the said Regatta 5k Run, and will allow publication of any photos or quotes acquired during the run.

X _____
Signature of participant

X _____
Signature of parent or guardian if participant is under 18

Detach and mail in completed registration form