

**If your organization is interested  
in helping sponsor  
this great event  
please contact Julie Yeager  
at: 419-625-5269  
or  
jyeager@steinhospice.org**

**Date:** July 2, 2011

**Time:** Registration 8:00—8:45 am

Race Start 9:00 am

**Place:** Battery Park

Downtown Course, Start and Finish at Battery Park, Corner of Water and Meigs Streets in Sandusky, Ohio.

*Register by June 24, 2011 to be guaranteed a t-shirt.  
Race Day registrations are welcome!*

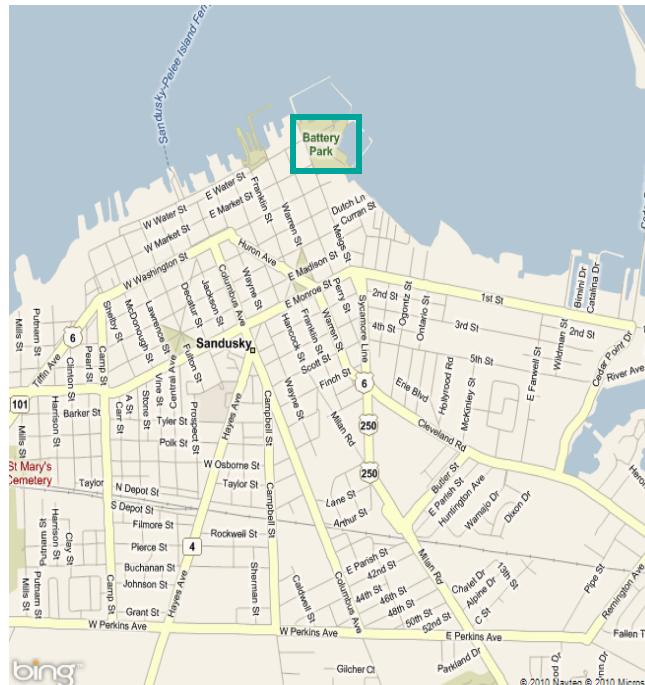
For more information about this and other programs visit our website at [www.steinhospice.org](http://www.steinhospice.org) or call 419-625-5269.

Please join us after the race for a continental breakfast at the Sandusky Sailing Club, just across the parking lot from the race registration table.

Prizes will be awarded in that location as soon as the calculations are completed.

### Regatta Run 5K Course

Start Battery Park  
West on Water Street  
Right on Shoreline and  
continue west  
Left on Jackson Street  
Left on Water Street  
Right on Meigs Street  
Right on Market Street  
Right on Shelby Street  
Right on Water Street  
Right on Meigs  
Finish at Battery Park



# Stein Hospice

## 5K Regatta Run

*In Honor & Memory  
Of Our  
Hometown Heroes*



**Saturday  
July 2, 2011  
9:00 am  
Sandusky, Ohio**

*All proceeds benefiting*

  
**Stein  
Hospice**  
*Sharing the journey since 1981*

  
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**Our mission is to provide comfort,  
compassion, and support during life's  
final journey.**

# Stein Hospice 5K Regatta Run



★ **Date**  
Saturday, July 2, 2011

★ **Time:**  
Registration begins at 8:00—8:45 am  
Race Start—9:00 am

★ **Place: Battery Park, Sandusky**  
Downtown Course, Start and Finish at Battery Park,  
Corner of Water and Meigs Streets in Sandusky.


★ **Group Participation:**  
We encourage groups to run/walk together as part of a team in honor or memory of a common hero. Please let us know by checking the “group” box on the registration form attached. Please feel free to wear a team t-shirt if you choose. You will still receive a free t-shirt from the race.

★ **Prizes Awarded To:**  
Top Overall Male & Female Running Participants  
Top Overall Male & Female Walking Participants  
Age group awards (13 and under, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69 and 70+)  
Largest team participating.

★ **Runners / Walkers Receive:**  
T-Shirt available for pick-up on race day for participants registered by June 24th. A limited number of extra t-shirts will be available while supplies last.



## Who is a Hero?

According to “Superman”  
(aka, Actor, Christopher Reeve):  
 A hero is an ordinary individual who finds the strength to persevere and endure in spite of overwhelming obstacles.

A hero doesn't have to leap tall buildings in a single bound, be faster than a locomotive, have super strength, or wear a funny suit. Who we choose as heroes are people who inspire us to do great things. These might be the people who you model yourself after. They might just be people whose values or love you really appreciate. A hero can be an average human being: a doctor, teacher, neighbor, co-worker, friend, or family member. It could also be a group of people like firefighters or policemen or our military service men and women or just one out of the group that you respectfully honor and admire.

Who do you consider a hero? Is it just one person or is it a group of people?



## We want to meet YOUR Hero!

Please send us their picture and the reasons why you honor this person as your hero. All submissions will be displayed on our website, [www.steinhospice.org](http://www.steinhospice.org) and our Facebook page. Pictures, with names, will also be posted at the Race sign-in point.

Please include your name and phone number with your hero submission. If you do not want your story published, please indicate that on your entry.

## 5K Run Registration

**\$15 early registration fee, \$20 day of the race**

You can register at [www.steinhospice.org](http://www.steinhospice.org)

or

Send form and payment to:

**Stein Hospice**  
**1200 Sycamore Line**  
**Sandusky, Ohio 44870**  
*Checks payable to Stein Hospice*

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

Age \_\_\_\_\_ Gender \_\_\_\_\_

Run  Walk  Individual  Group

I am participating in memory of \_\_\_\_\_

I am participating in honor of \_\_\_\_\_

I am part of a group representing \_\_\_\_\_

T-Shirt S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ XXL \_\_\_\_\_ XXXL \_\_\_\_\_

Register by June 24, 2011, to be guaranteed a T-shirt.

Matching Gift  (company) \_\_\_\_\_

I cannot participate in the Run, but would like to support Stein Hospice \$ \_\_\_\_\_

Waiver: In signing this waiver for myself or for the entrant (when under age 18) I understand the intent of this release and agree to absolve all of the sponsors, organizers, and associated entities, be they individuals or organizations, singly and collectively, of all blame for any injury, misadventure, harm, loss or inconvenience suffered as a result of taking part in the Regatta 5k Run or in any connection with an activity associated with the said Regatta 5k Run, and will allow publication of any photos or quotes acquired during the run.

X \_\_\_\_\_  
Signature of participant

X \_\_\_\_\_  
Signature of parent or guardian if participant is under 18  
*Detach and mail in completed registration form*