

*The Boomer Athletic Club and Firelands Schools*  
invite you to join us in a

# 1,000 Mile Journey



## An Athletic/Charitable Party

The Boomer Athletic Club brings people together for athletic participation and community service. The 1,000-Mile Journey is an athletic opportunity for people of all ages and abilities to walk, jog, or run around a high school track.

The 1,000-Mile Journey is also a charity drive. We will collect food donations for Second Harvest.

And the 1,000-Mile Journey is a party. All family members and friends are welcome to show up and meet other people, cheer for one another, and share the good times. Feel free to bring your camera or video recorder.

**Date:** Saturday, May 10, 2003  
**Location:** Firelands High School Track  
Vermilion Road,  
1/4 mile south of Rte 113  
**Time:** 1 p.m. to 4 p.m.

You determine the number of laps you want to complete. Experienced runners will be available to offer guidance and support. Each participant receives a certificate of personal recognition in contributing toward our goal of travelling 4,000 laps to complete our journey of a thousand miles.

*For more information: Contact Dr. Randy Barkacs by phone at  
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